Acts of Kindness for People

Placemats for Meals on Wheels/ Seniors

- Paper: Cardstock, Scrapbook paper or any type of patterned or special paper that you have
- Used books
- Cardstock
- Any type of stickers
- Poster Board letters (optional)
- Sharpies to add a message
- Scissors
- Glue stick
- *laminating sheets are optional

I send mine here:

Meals on Wheels

216 Christian Avenue

Stony Brook, NY 11790

***Due to social distancing, please contact them at 631-689-7070 to ask if they are currently accepting placemats via mail. You can always create them + hold onto them for the future!**

Acts of Kindness for People

Senior Busy Bags

- A Brown paper bag, lunch bag, etc.
- A few items that seniors love
- I added *inexpensive* items:
  Mini Jenga, Garden Gloves, + a Large Word Search book
- Books, paper, stickers or sharpies to decorate your bag
- Scissors
- Glue stick

*Then create a placemat to place inside the bag as a bonus!

Since we are practicing social distancing, please create them + hold on to them for the future - or create a Busy Bag for a grandparent(s) you live with.

Acts of Kindness for People

Since we are practicing social distancing, please create them + hold on to them. You can give to someone in need in the near future.

Toiletry Bags for Those in Need:

- A canvas tote bag, brown paper bag, or any decorative bag.
- Stencils + fabric markers are optional.
- Decorate a bag with whatever you have at home!
- Toiletries including: toothpaste, new toothbrush, shampoo, conditioner, soap, body wash, new combs + brushes. *You can include unused toiletries you have at home including hotel sized samples.

Bags for Babies:

New but inexpensive items including:

- Plastic baby spoons.
- Bibs.
- Baby Socks.
- Wash cloths.
- Disposable place mats.
- Disposable diaper bags.
- Diapers.
- Bath Toys.

Decorate a bag with adorable baby-themed images + place items inside.

Acts of Kindness for Pets

*Since we are practicing social distancing, come up with ideas or your next birthday party or fundraiser in the near future.

Hosting a Drive for Pets In Need:

*Handmade Birthday invitation or Informational Flyer telling them about the cause

Dog items:

- Dry + Canned Food (try to add higher quality items).
- Whimzies/ Greenies: teenie, medium + large.
- Old Mother Hubbard Treats for small, medium + large dogs.
- Squeaky toys for small, medium + large dogs.
- Waste Bags.
- Training Pads.
- Dollar Tree Dog Bowl *you can even paint this with a nice message!
- Have each guest create a special bag + create dog-themed cards to place inside.
- Create a large poster that everyone can sign!

Cat Items:

- Dry + Canned Food (try to add higher quality items).
- Treats + Toys.
- Litter box + Scooper.
- Dollar Tree Dog Bowl *you can even paint this with a nice message!
- Have each guest create a special bag + cat-themed cards to place inside bags.
- Create a large poster that everyone can sign!

Acts of Kindness for Pets

*Since we are practicing social distancing, if you create something for shelter animals, please hold on to items for the future.

D.I.Y. Treat Jar for Pets

- An Empty Jar
- Ribbon for the lid
- Tiny dogs and/or tiny cat figurines
- Dog or Cat Treats

Decorative ideas:

- Washi Tape or decorative tape
- Stickers
- Paint + a paint brush or foam brush
- For dogs: you can paint a bone for the lid

Acts of Kindness for Pets

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D.I.Y. Crafty Cat Toy

- Craft tube in any color OR a Toilet Paper roll to paint using the color of your choice.
- Single Hole Punch.
- Ribbon.
- Pom-poms or any crafty items you have at home.
- Hot Glue Gun OR strong glue to add crafty item to the outside of the tube.

  *Make sure the crafty items are thoroughly glued and cannot come off.